## Supplementary Material

Appendix S1. Overview of breeding habitats, non-breeding habitats, and timing of migrations of New Zealand's endemic inland migrant species.

Species	Breeding habitats	Non-breeding habitats	Timing
Pohowera	Dry, open, stable areas of shingle, sand	Coastal mudflats (Pierce 1980)	Breeding: July–September (Dowding &
Banded dotterel	or stones on riverbeds, lake shores,		Moore 2006); non-breeding: January–
	coasts or in herbfields (Dowding &		June
	Moore 2006)		
Tarāpunga	Inland, mainly braided rivers with the	Coastal estuaries and inland over	Breeding: August–January; non-
Black-billed gull	majority of birds found in Southland	farmland, lakes and rivers (Taylor	breeding: February–July (Mischler 2018)
	and Canterbury (Mischler 2018)	2000)	
Tarapirohe	Braided rivers or herbfields, mainly	River mouths and estuaries (Heather	Breeding: August–December; non-
Black-fronted tern	east of main divide (Pierce 1983;	& Sagar 1982)	breeding: December–March (Lalas 1979)
	Schlesselmann et al. 2017)		
Tōrea	Inland on farmland, in tussock and on	Coastal estuaries, with 64% of	Breeding: June – early August; non-
South Island pied	braided rivers, mainly east of the main	population in Kaipara Harbour,	breeding: December–April (Sagar &
oystercatcher	divide in the South Island and Hawke's	Manukau Harbour and Firth of	Veitch 2014)
	Bay (Baker 1973; Sagar & Veitch	Thames (Riegen & Sagar 2020)	
	2014)		
Ngutu parore	Shingle of braided rivers or river deltas	85% of population in Firth of	Breeding: late August–September;
Wrybill	mainly east of the main divide (Pierce	Thames and Manukau Harbour	non-breeding: late December–early
	1983). Move to local estuaries when	(Dowding & Moore 2006)	February (Pierce 1983; Hay 1984)
	rivers are flooded (Crossland &		
	Crutchley 2020)		

**Appendix S2** Description of methods and materials for the literature review of knowledge on vital rates of New Zealand's endemic inland migrant species.

We searched for relevant published or unpublished literature (reports and BSc Honours, PGDip, MWilm, MSc, and PhD theses) by using the species names and the more generic terms 'wader' and 'shorebird' and putting them into Google Scholar, and into the search bars of the following journals: *New Zealand Journal of Ecology, Notornis, Emu,* and *The Stilt.* We also searched publication pages and online archives on the Department of Conservation, Environment Canterbury, and BRaid (Braided River Aid) websites. Last, we contacted managers and/or species experts directly and asked them about relevant published or unpublished work. In addition, we searched through the references sections of each publication we sourced. As the number of new publications found through reference sections dropped off, we were confident that we had found the majority of the most relevant publications (published or unpublished).

We collated any reported population size or trend estimate, the data source (e.g. braided river bird counts), and year(s) of estimate, and the latest available estimates. We extracted any information on distribution and movements, including dispersal and migration flyways, and methods used (e.g. banding data).

For the three demographic rates relating to nest survival, chick survival, and adult survival, we extracted rates reported for a single year, if available, rather than average rates over multiple years if research was carried out at a site for multiple years. We recorded the longitude and latitude of each study site, the year of estimation, the source of the information, and the sample sizes of nests or individuals (chicks or adults).

For nest and chick survival we recorded whether the site had any predator control in place, which could range from landscape-scale trapping to targeted, small-scale trapping of various intensities. We did not find any reports of residual predator abundance to assess whether predator control resulted in low relative predator abundance. For nest survival, we recorded the proportion of nests that hatched at least one chick ('apparent nest success') and, where available, modelled nest survival rates and estimation method (e.g. Program MARK). For chick survival, we recorded fledging success (i.e. at least one chick fledged), productivity (number of chicks per female), and proportion of chicks that survived, and modelled survival rates and estimation method. For adult survival, we record the proportion of marked birds resignted or survival rates and estimation method.

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